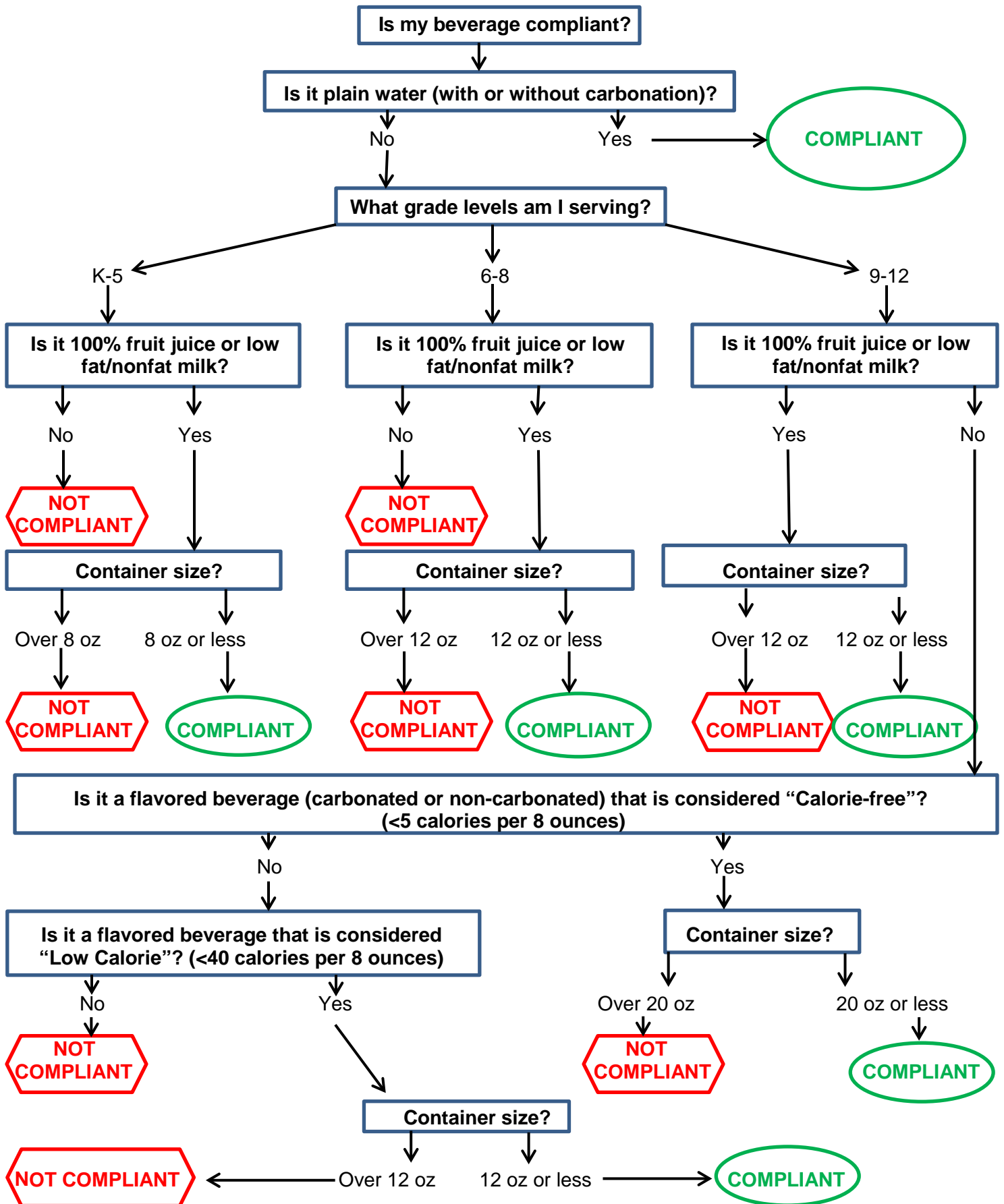


Smart Snacks Compliance Beverage Decision Tree



Is my beverage compliant?

Water:

Plain water with or without carbonation is compliant for all grade levels.

Not Water:

If you serve grades K-5, the beverage must be 100 percent fruit juice or low-fat/nonfat milk, served in an 8 ounce or smaller container.

If you serve grades 6-8, the beverage must be 100 percent fruit juice or low-fat/nonfat milk served in a 12 ounce or smaller container.

If you serve grades 9-12, the beverage must be 100 percent fruit juice, low-fat/nonfat milk, or a flavored beverage that is considered calorie-free or low-calorie.

Calorie-free means less than 5 calories per 8 ounces.

Low-calorie means less than 40 calories per 8 ounces.

If the beverage is calorie-free, it must be served in a 20 ounce or smaller container. If the beverage is low-calorie, it must be served in a 12 ounce or smaller container.